

## breakfast sandwiches\*

**CHOICE OF:** Bagel, Croissant,  
Wrap, Flat bread or English Muffin

### **CLASSIC | \$4.95**

egg & cheddar.

Add: bacon, sausage, ham, tomato or avocado

### **SOUTHWESTERN | \$5.95**

egg, chorizo, caramelized onion, cheddar, baby spinach,  
chipotle spread.

### **THE LIGHT WEIGHT | \$6.95**

egg white, avocado, tomato.

### **FORAGER | \$7.95**

cremini mushrooms, Swiss cheese, truffle oil, baby spinach.

### **THE FISHERMAN'S | \$7.95**

Smoked Salmon, boursin cheese, tomato, red onion, capers.

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## bagels

### **BAGEL**

plain, everything, or cinnamon raisin

### **CREAM CHEESE**

plain, pesto, or veggie

### **ADDITIONS**

smoked salmon \$2 | tomato \$.25

avocado \$.75

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## morning baked

### **MUFFIN | \$3.95**

blueberry or corn

### **DANISH | \$4.95**

cheese, apple crown, or maple pecan

### **CROISSANTS | \$3.95**

plain or chocolate

### **CINNAMON SWIRL BUN | \$3.95**

## fruit & more

### **YOGURT & BERRY PARFAIT | \$4.95**

Greek vanilla yogurt, fresh fruit & berries with granola

### **OVERNIGHT OATS | \$4.95**

rolled oats, chia seeds, Greek vanilla yogurt,  
whole milk & maple syrup \$6

### **WHOLE FRUIT | \$2.50**

bananas, oranges, apples, grapefruit

### **FRUIT CUP | \$4.95**

fresh fruit cut daily.

## fresh garden juice

### **KICK START | \$9.95**

carrot, kale, Swiss chard, ginger, lemon

### **JUST BEET IT | \$9.95**

red beet, carrot, green apple

### **FRESH START | \$9.95**

cucumber, kale, pineapple, orange

### **TOTAL IMMUNITY | \$9.95**

kale, Swiss chard, garlic, green apple, parsley, ginger

## smoothies

### **MORNING MANGO | \$9.95**

mango, pineapple, strawberry, orange juice

### **BLOCK BERRY | \$9.95**

raspberry, blueberry, strawberry, banana, coconut water

### **COCOA BANANA LIFT | \$9.95**

coffee, peanut butter, banana, cocoa powder, whey protein,  
almond milk.

*\*This item may be served undercooked. Consuming raw, cooked to order or undercooked meats, poultry,  
seafood, shellfish or eggs may increase your risk of food borne illness, especially  
if you have certain medical conditions.*

*Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food borne illness.*

## café

	SINGLE	DOUBLE	ICED
ESPRESSO	\$3.50	\$4.25	\$4.25
MACCHIATO	\$4.00	\$4.50	\$4.50
CAPPUCCINO	\$4.50	\$5.00	\$5.00
AMERICANO	\$4.50	\$5.00	\$5.00
LATTE	\$4.50	\$5.00	\$5.00
CARAMEL LATTE	\$5.00	\$5.50	\$5.50

	MEDIUM	LARGE	ICED
COFFEE	\$3.00	\$3.50	\$3.50
HOT CHOCOLATE	\$4.00	\$4.50	

## flavored shots

CARAMEL | VANILLA | CHOCOLATE | HAZELNUT

## Tazo tea

ZEN	\$3.50
GREEN GINGER	\$3.50
EARL GREY	\$3.50
CHAMOMILE	\$3.50
ENGLISH BREAKFAST	\$3.50
REFRESH MINT	\$3.50
DECAF LOTUS	\$3.50
CHAI	\$3.50



**SPRING HOUSE HOTEL**  
EST. 1852 | BLOCK ISLAND, RI

*Artisan Coffee  
&  
Juice Bar*



Established 1852 | [www.SpringHouseHotel.com](http://www.SpringHouseHotel.com)